2016

St. John Ambulance OMFRC Competition First Aid Challenge

TEAM SCENARIO

Scenario # 3 - "Gotta Be Gastro"

Background Scenario

You and your team are Providing First Aid Services for the UOIT evacuation site.

Your team has been assigned the infirmary located in the residence building where the evacuees have been living.

You have 20 minutes to complete the scenario, Good Luck!!

There will be a 3 minute warning signify the end of the primary survey.

There will also be a 2 minute left signal for the team's benefit.

THIS PAGE IS GIVEN TO TEAMS AT THE BEGINNING OF THE SCENARIO

CASUALTY SIMULATORS INFORMATION - Scenario #3 @ REZ

(BACKGROUND – NOT TO BE SHARED WITH COMPETITORS)

Overall Scenario for the event: It has been a wet season so far in 2016, which has lead to heavy rainfall and a number of communities forced to evacuate the flooded areas to central locations as temporary shelters. The University of Ontario has been transformed into one such evacuation center. The teams are providing on site first aid and infirmary coverage to the over 2000 displaced people at this site in the GTA. Through out the day, teams will be assigned different "posts" to monitor and provide coverage.

<u>Scenario Information:</u> (Info sheet given to teams just before beginning of scenario)

You and your team are Providing First Aid Services for the UOIT evacuation site. Your team has been assigned the infirmary located in the residence building where the evacuees have been living.

Scenario Set Up:

- Total number of patients: 2
- Infirmay look with supplies: OBS kit, Bandages, Blankets, Dressing change kits, Tylenol, pepto bismol MUST be on site.
- Patient #1 limps in the door at the beginning of the scenario. (dressing change)
- Patient #2 arrives at the 3 minute mark.

Timing Notes:

- There will be a 3 minute warning to signify the end of the primary survey. Teams will ONLY be able to score points from the first page during the first 3 minutes! And to signify the entrance of patient #2.
- There will also be a 2 minute remaining signal for the team's benefit.
- Teams will be given 5 minutes after the scenario to complete paperwork while scenario re-set occurs.

CASUALTY SIMULATORS INFORMATION

Patient #1 - "Diabetic"





SIMULATION:

Information	Casualty Simulation Required		
Conscious/	Enters at the beginning of the scenario.		
ambulatory	 Ensure patient is aware of situation and SAMPLE. 		
Infection	Flushed skin		
	Feeling unwell for days		
Diabetic	 7x open sores with pus on some over feet/lower legs. 		
Ulcers/Gangrene	 Gangrene Baby Lt toe (patient in sock /pus = sticks) 		

SAMPLE/ HISTORY:

S	1) Open and not healing sores (x 7 areas) between both toes, feet and lower legs.
	2.) Blackness to the LT baby toe (gangrene)

Sulfa and Penicillin

- Insulin (12 units in the morning, 20 units at lunch, 12 units at dinner and 14 units at bedtime) Metformin and recently started on Lyrica (for nerve pain) ** You are not good at remembering to take your medicine.
- Insulin Dependent Diabetes since child hood.
- A few minutes ago.
- You are a diabetic who has had a number of open sores for the past 3-4 months. You have been treated by the medicine man in your village, but you arrived at this site a couple days ago and have not had any care. Your family is concerned that you are getting sicker. You are walking, but you are slightly unsteady with "burning" pain in your feet from your diabetic neuropathy. You don't want to go to the hospital – willing to go in the final 2 minutes if asked.

VITAL SIGNS:

	1st SET (repeat if before 10 min.)	2 nd SET (after 10 min.)	
RESP.	22 Shallow & Regular	22 Shallow & Regular	
PULSE 108 Strong & Regular		106 Strong & Regular	
B/P	96/56	96/62	
SKIN	Flushed and warm	Flushed and Warm	
LOC	Conscious	Conscious	
PUPILS	Equal & Reactive	Equal & Reactive	

CASUALTY SIMULATORS INFORMATION Patient #2 – "Soon to be Mommy"



SIMULATION:

Information	Casualty Simulation Required
 Conscious WOMAN 	 Ensure patient is aware of situation and SAMPLE.
ABDO Pain	Simulated 8 mth pregnant.
 Nausea 	Slightly green tint to skin.

SAMPLE/ HISTORY:

- S 1.) 8 months pregnant without any pre-natal care and no pre-natal vitamins. This is your second pregnancy, but you lost the first one (miscarriage) at 3 months.
 - 2.) Abdo Pain (cramping) that comes and goes every 3-4 minutes. This has been going on for the past 24 hours. = Pre term, early stages of labour.
- A None
- M None
- **P** Miscarriage at 3 months. This was 18 months ago.
- L Have not eaten today because of abdo cramping.
- You are 8 months pregnant and there is no one in your community to provide pre-natal care. You have been having abdo cramps for the past 24 hours, becoming more painful and come and go every 3-4 minutes. You think you ate some bad food yesterday. If the team suggests possible child birth you don't think so as you are only 8 months along. You think taking some pepto bismol will help. You don't want to go to the hospital for "food poisoning" but willing to go in the final 2 minutes if asked.

VITAL SIGNS:

	1st SET	2 nd SET	
RESP. 16 Regular & Full		16 Regular & Full	
PULSE 110 Bounding & Rapid		90 Regular & Full	
B/P	142/94	144/94	
SKIN Pink, Warm Dry		Pink, Warm Dry	
LOC Conscious		Conscious	
PUPILS	Equal & Reactive	Equal & Reactive	

JUDGE'S NAME: 2016 OMFRC AMFR/ PRO LEVEL

SITE #3 - "Gotta Be Gastro"

	TC
CYCLE #	TEAM #

NO.	DONE	NOT DONE	SCENE/PRIMARY SURVEY	
1	√	X	Did the team TAKE CHARGE of the situation?	
2	\checkmark	X	Did the team wear protective GLOVES?	
3	\checkmark	X	Did the team ASSESS for HAZARDS?	
4	\checkmark	X	Did the team DETERMINE the NUMBER OF CASUALTIES	?
5	\checkmark	X	Did the team ID SELF and OBTAIN CONSENT?	
6	\checkmark	X	Did the team IMMEDIATELY INVITE THE PATIENT IN TO	ROOM FOR ASSESSMENT
7	\checkmark	X	Did the team ASSESS LEVEL OF CONSCIOUSNESS?	
8	\checkmark	X	Did the team ASSESS AIRWAY?	Open
9	\checkmark	X	Did the team ASSESS BREATHING?	22 Shallow & Regular
10	√	X	Did the team ASSESS PULSE? (Circulation)	108 Strong & Regular
11	\checkmark	X	Did the team ASSESS SKIN CONDITION (Circulation)	Flushed and Warm
12	✓	X	Did the team PERFORM A RAPID BODY SURVEY?	Infected wounds to legs
13	\checkmark	X	Did the team IMMEDIATELY COVER WITH A BLANKET fo	or shock and warmth?
14	\checkmark	X	Did the team INDICATE Wanting to ACTIVATE EMS/AME	BULANCE?
			Total of SCENE/PRIMARY SURVEY	

JUDGES NOTE:

<u>This section is active for the first 3 minutes of the scenario only!</u> During these first 3 minutes, the competitor may perform the actions that are both listed here and in the Secondary Survey. After the 3 minutes, the competitor is eligible to receive marks only in the Secondary Survey and no marks may be awarded in this Primary Survey. Actions in this section may be done in any order.

Score Sheet for Patient #1 - The "Diabetic"

SECONDARY SURVEY

Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the Primary Survey. After the 3 first minutes, this is the only section that points shall be awarded to.

Actions in this section may be done in any order.

NO.	DONE N	OT DONE	HISTORY OF THE PATIEN	Т
15	√	X	Did the team ask about SYMPTOMS	Burning in legs, dif. Walk
16	✓	X	Did the team ask about ALLERGIES?	Sulfa & Penicillin
	✓	Χ	Did the team ask about MEDICATIONS?	Not good @ taking meds'
17		^	Insulin 12iu am, 20iu noon, 12 iu pm, 14	liu bed & Metformin, Lyrica
18	✓	X	Did the team ask about MEDICAL HISTORY?	IDDM since childhood
19	✓	X	Did the team ask about LAST ORAL INTAKE?	A few minutes ago'
20	✓	X	Did the team determine INCIDENT HISTORY?	No Care for wounds
			1st Set of VITAL SIGNS	
21	√	X	Did the team check LEVEL OF CONSCIOUSNESS?	Conscious
22	✓	X	Did the team check RESPIRATIONS?	22 shallow & regular
23	✓	X	Did the team check PULSE?	108 strong & regular
24	✓	X	Did the team check BLOOD PRESSURE	96/56
25	✓	X	Did the team check SKIN CONDITION/TEMP?	flushed & warm
26	✓	X	Did the team check PUPILS?	Equal/Reactive
			HEAD TO TOE EXAMINATION	
27	√	X	Check SCALP/HEAD?	No Findings
28	✓	X	Check both EYES?	No Findings
29	✓	X	Check NOSE?	No Findings
30	✓	X	Check CHEEKBONES?	No Findings
31	✓	X	Check MOUTH?	No Findings
32	✓	X	Check JAW?	No Findings
33	✓	X	Check both EARS?	No Findings
34	✓	X	Check NECK?	No Findings
35	\checkmark	X	Check both COLLARBONES?	No Findings
36	\checkmark	X	Check both SHOULDERS?	No Findings
37	✓	X	Check RIGHT ARM?	No Findings
38	✓	X	Check LEFT ARM?	No Findings
39	✓	X	Check CHEST?	No Findings
40	√	X	Check ABDOMEN?	No Findings
41	√	X	Check BACK?	No Findings
42	✓	X	Check PELVIS?	No Findings
43	✓	X	Check RIGHT LEG?	4 infected wounds
44	✓	X	Check LEFT LEG?	Gangrene toe + 3 wounds
			Total of SECONDARY SURVEY	

Score Sheet for Patient #1 - The "Diabetic"

FIRST AID / TREATMENT

Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the Primary Survey. After the 3 first minutes, this is the only section that points shall be awarded to.

Actions in this section may be done in any order.

NO.	DONE NO	r done	W	OUND CARE - RIGHT LEG/FOOT		
45	√	X	Did the team FULLY EXPO	SE ALL (x4) WOUNDS?		
46	✓	X	Did the team QUESTION A	ABOUT ANY PREVIOUS CA	1	None
47	✓	X	Did the team FLUSH/CLEA	N ALL (x4) WOUNDS?		
48	✓	X	Did the team RE-DRESS AI	L (x4) WOUNDS?		
49	√	X	Did the team USE ASEPTION	TECHNIQUES at all times?		
			WOUND CAR	E - LEFT LEG/FOOT		
50	\checkmark	X	Did the team FULLY EXPO	SE ALL (x3) LEG WOUNDS?		
51	✓	X	Did the team SLOWLY REM	MOVE SOCK (sticky to wounds)	EXPOSING TOE?	
52	✓	X	Did the team QUESTION A	ABOUT ANY PREVIOUS CA	1	None
53	✓	X	Did the team FLUSH/CLEA	N ALL (x3) LEG WOUNDS?		
54	✓	X	Did the team AVOID WAT	ER/MOISTURE ON THE GANGRE	ENE TOE?	
55	✓	X	Did the team RE-DRESS AI	LL (x3) LEG WOUNDS?		
56	✓	X	Did the team BANDAGE T	HE FOOT TO AVOID FURTHER EX	XPOSURE?	
57	✓	Χ	Did the team USE ASEPTION	TECHNIQUES at all times?		
			SHOCK &	GENERAL CARE		
58	✓	Χ	Did the team CHANGE GL	OVES AFTER DRESSING INFECTE	D WOUNDS?	
59	✓	X	Did the team CONTINUE T	O INSIST FOR CALLING EMS/AN	∕IBULANCE?	
60	✓	Χ	Did the team FINALLY (in	final 2 minutes) CALL FOR EMS	/AMBULANCE?	
61	✓	X	Did the team REASSURE th	ne patient about their OWN CA	RE?	
62	✓	Χ	Did the team RE-check LE	VEL OF CONSCIOUSNESS?	Cons	cious
63	✓	X	Did the team RE-check RE	SPIRATIONS?	22 Shallow & Reg	gular
64	✓	Χ	Did the team RE-check PU	LSE?	106 Strong & Re	gular
65	✓	Χ	Did the team RE-check BL	OOD PRESSURE		6/62
66	✓	Χ	Did the team RE-check SK	IN CONDITION/TEMP?	Flushed and V	Varm
67	√	X	Did the team RE-check PU	PILS?	Equal/Rea	ctive
68	√	X	Were GLOVES EFFECTIVE	THROUGHOUT? (Torn gloves M	1UST be replaced!)
			Total of FIRST AID/TREAT	MENT		

NO.	DONE NOT	DONE	RECORDING/ DOCUMENTATION
80		Χ	Was ALL of the patients PERSONAL INFORMATION recorded?
81	√	Χ	Was the INCIDENT TIME AND DATE recorded?
82	✓	Χ	Was the INCIDENT LOCATION recorded?
83	√	Χ	Was the INCIDENT HISTORY (Accurately) recorded?
84	✓	Χ	Was the patients ALLERGIES recorded?
85	√	Χ	Was the patients MEDICATIONS recorded?
86	✓	Χ	Was the patients MEDICAL HISTORY recorded?
87	√	Χ	Was the LAST ORAL INTAKE recorded?
88	✓	Χ	Was the suspected RIGHT LEG WOUNDS (x4) recorded?
89	√	Χ	Was the suspected LEFT LEG WOUNDS (x3) recorded?
89	\checkmark	Χ	Was the suspected LEFT TOE GANGRENE recorded?
	Vit	tal Sigr	ns MUST HAVE the TIME recorded as well, to be awarded points !!!
91	✓	X	Was 1st set of vital signs - LEVEL OF CONSCIOUSNESS recorded?
92	✓	Χ	Was 1st set of vital signs - RESPIRATIONS recorded?
93	✓	X	Was 1st set of vital signs - PULSE recorded?
94	✓	X	Was 1st set of vital signs - BLOOD PRESSURE recorded?
95	✓	X	Was 1st set of vital signs - SKIN CONDITION recorded?
96		Χ	Was 1st set of vital signs - PUPILS recorded?
97	✓	Χ	Was 2nd set of vital signs - LEVEL OF CONSCIOUSNESS recorded?
98		Χ	Was 2nd set of vital signs - RESPIRATIONS recorded?
99	✓	X	Was 2nd set of vital signs - PULSE recorded?
100	✓	X	Was 2nd set of vital signs - BLOOD PRESSURE recorded?
101	✓ .	X	Was 2nd set of vital signs - SKIN CONDITION recorded?
102		X	Was 2nd set of vital signs - PUPILS recorded?
103		X	Was the CLEANING AND DRESSINGS FOR RIGHT LEG WOUNDS recorded?
104		X	Was the CLEANING AND DRESSINGS FOR LEFT LEG WOUNDS recorded?
105		X	Was the DRY DRESSINGS FOR LEFT GANGRENE TOE recorded?
106	√	Χ	Was the INITIAL REFUSAL FOR EMS recorded?
107		X	Was the ACTUAL NOTIFICATION OF EMS WITH TIME recorded?
108	√	X	Was the NAME(S) of the first aid team LEGIBLY recorded?
			Total of RECORDING/ DOCUMENTATION

Score Sheet for Patient #1 - The "Diabetic"

2016 OMFRC SITE # 3 - "Gotta Be Gastro"

CYCLE # _____ TEAM # _____

NO.	DONE NOT	DONE		SCENE	PRIMARY SURVEY	
150	✓	X	Did the team TAK	CE CHARGE of the	situation?	
151	✓	X	Did the team wea	ar protective GLO	VES?	
152	✓	X	Did the team ASS	ESS for HAZARDS	?	
153	✓	X	Did the team DET	ERMINE the NUN	BER OF CASUALTIES	?
154	✓	Χ	Did the team ID S	SELF and OBTAIN	CONSENT?	
155	✓	Χ	Did the team IMN	MEDIATELY INVIT	THE PATIENT IN TO	ROOM FOR ASSESSMENT
156	✓	Χ	Did the team ASS	SESS LEVEL OF CO	NSCIOUSNESS?	
157	✓	Χ	Did the team ASS	SESS AIRWAY?		Open
158	✓	Χ	Did the team ASS	ESS BREATHING?		16 Regular & Full
159	✓	X	Did the team ASS	ESS PULSE? (Circ	ulation)	110 Bounding & Rapid
160	✓	Χ	Did the team ASS	ESS SKIN CONDIT	ION (Circulation)	Pink, Warm Dry
161	✓	X	Did the team PER	RFORM A RAPID B	ODY SURVEY?	No Findings
162	✓	Χ	Did the team IMN	MEDIATELY COVE	R WITH A BLANKET fo	r shock and warmth?
163	✓	X	Did the team IND	ICATE Wanting to	ACTIVATE EMS/AME	BULANCE?
			Total of SCENE/P	RIMARY SURVEY		

JUDGES NOTE:

This Patient DOES NOT ENTER the "Infirmary" Until the 3 minute mark.

There is NO time limit on when the items in the SCENE/PRIMARY SURVEY can be completed. So, unlike all other scenarios - a team may complete any of this page at any point during their 17 minutes and will be awarded the marks.

Score Sheet for Patient #2 - "Soon to be mommy"

SECONDARY SURVEY

Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the Primary Survey. After the 3 first minutes, this is the only section that points shall be awarded to.

Actions in this section may be done in any order.

NO.	DONE N	OT DONE	HISTORY OF THE PATII	ENT
164	✓	X	Did the team ask about SYMPTOMS	Abdo Pain - ? GASTRO
165	✓	X	Did the team ask about ALLERGIES?	None
166	✓	X	Did the team ask about MEDICATIONS?	None
167	✓	X	Did the team ask about MEDICAL HISTORY?	Miscar.@ 3mth x18 mth ago
168	✓	X	Did the team ask about LAST ORAL INTAKE?	not eaten today
169	✓	X	Did the team determine INCIDENT HISTORY?	bad food = crampsx24 hrs
			1st Set of VITAL SIGNS	
170	√	X	Did the team check LEVEL OF CONSCIOUSNESS?	Conscious
171	√	X	Did the team check RESPIRATIONS?	16 regular & full
172	√	X	Did the team check PULSE?	110 Bounding & Rapid
173	\checkmark	X	Did the team check BLOOD PRESSURE	142/94
174	\checkmark	X	Did the team check SKIN CONDITION/TEMP?	Pink, Warm, Dry
175	√	X	Did the team check PUPILS?	Equal/Reactive
			HEAD TO TOE EXAMINATION	
176	✓	X	Check SCALP/HEAD?	No Findings
177	√	X	Check both EYES?	No Findings
178	✓	X	Check NOSE?	No Findings
179	√	X	Check CHEEKBONES?	No Findings
180	\checkmark	X	Check MOUTH?	No Findings
181	✓	X	Check JAW?	No Findings
182	\checkmark	X	Check both EARS?	No Findings
183	√	X	Check NECK?	No Findings
184	✓	X	Check both COLLARBONES?	No Findings
185	✓	X	Check both SHOULDERS?	No Findings
186	✓	X	Check RIGHT ARM?	No Findings
187	✓	X	Check LEFT ARM?	No Findings
188	√	X	Check CHEST?	No Findings
189	√	X	Check ABDOMEN?	Cramping x24 Hr, N/V
190	✓	X	Check BACK?	mild lower back pain
191	✓	X	Check PELVIS?	No Findings
192	✓	X	Check RIGHT LEG?	swelling to ankles
193	✓	X	Check LEFT LEG?	swelling to ankles
			Total of SECONDARY SURVEY	

Score Sheet for Patient #2 - "Soon to be mommy"

FIRST AID / TREATMENT

Actions in this section may be performed by the competitor in the first 3 minutes of the scenario as well as the Primary Survey. After the 3 first minutes, this is the only section that points shall be awarded to.

Actions in this section may be done in any order.

NO	DONE NO	T DONE	ABDO PAIN	
194	JONE NO √	X		nes and goes 3-4min.
195	√	X	Did the team DETERMINE ONSET OF LABOUR?	ies una goes s-4mm.
196	√	X	Did the team ASKABOUT PRE-NATAL CARE?	None
197	√	X	Did the team ASK ABOUT PRE-ECLAMPSIA?	Unknown - no Care
			Did the team ASKABOUT PRE-ECLAMPSIA SIGNS/SYMPTON	
198	√	X	No notable headaches, ongoing swelling	to ankles x2months
199	✓	X	Did the team REASSURE the patient in attempts to KEEP HE	ER CALM?
200	√	X	Did the team ASK # OF PREGNANCIES? (GRAVITA)	2
201	✓	X	Did the team ASK # OF BIRTHS? (PARITY)	0
202	✓	Χ	Did the team REMAIN SENSITIVE to the patients PRIVACY?	
			SHOCK & GENERAL CARE	
203	\checkmark	X	Did the team COVER the patient with a BLANKET?	
204	\checkmark	X	Did the team REASSURE the patient about their OWN CARE	?
205	\checkmark	X	Did the team CONTINUE TO INSIST FOR CALLING EMS/AME	BULANCE?
206	√	X	Did the team FINALLY (in final 2 minutes) CALL FOR EMS/A	AMBULANCE?
207	\checkmark	X	Did the team RE-check LEVEL OF CONSCIOUSNESS?	Conscious
208	\checkmark	X	Did the team RE-check RESPIRATIONS?	16 regular & full
209	\checkmark	X	Did the team RE-check PULSE?	90 Regular & full
210	✓	X	Did the team RE-check BLOOD PRESSURE	144/94
211	✓	X	Did the team RE-check SKIN CONDITION/TEMP?	Pink, Warm, Dry
212	\checkmark	X	Did the team RE-check PUPILS?	Equal/Reactive
213	√	Χ	Were GLOVES EFFECTIVE THROUGHOUT? (Torn gloves MU	JST be replaced!)
			Total of FIRST AID/TREATMENT	•
			-	

Score Sheet for Patient #2 - "Soon to be mommy"

NO. DONE NOT DONE RECORDING/ DOCUMENTATION Was ALL of the patients PERSONAL INFORMATION recorded? X Was the INCIDENT TIME AND DATE recorded? X Was the INCIDENT HISTORY (Accurately) recorded? X Was the INCIDENT HISTORY (Accurately) recorded? X Was the patients ALLERGIES recorded? Was the patients MEDICATIONS recorded? Was the patients MEDICAL HISTORY recorded? Was the patients MEDICAL HISTORY recorded? Was the LAST ORAL INTAKE recorded? Was the Suspected ONSET OF LABOUR recorded? Was the GRAVITA and PARA recorded? Was the POSSIBILITY OF PRE-ECLAMPSIA recorded? Was the CRAWIPING/ CONTRACTION TIMING (3-4Min) recorded? Was the CRAWIPING/ CONTRACTION TIMING (3-4Min) recorded? Was 1st set of vital signs - LEVEL OF CONSCIOUSNESS recorded? Was 1st set of vital signs - BEDICATIONS recorded? Was 1st set of vital signs - PUPILS recorded? Was 1st set of vital signs - SKIN CONDITION recorded? Was 1st set of vital signs - PUPILS recorded? Was 2nd set of vital signs - PUPILS recorded? Was 2nd set of vital signs - PUPILS recorded? Was 2nd set of vital signs - PUPILS recorded? Was 2nd set of vital signs - PUPILS recorded? Was 2nd set of vital signs - PUPILS recorded? Was 2nd set of vital signs - BEDICATION recorded? Was 2nd set of vital signs - PUPILS recorded? Was 2nd set of vital signs - PUPILS recorded? Was 2nd set of vital signs - BEDICATION recorded? Was 2nd set of vital signs - BEDICATION recorded? Was 2nd set of vital signs - BUDOD PRESSURE recorded? Was 2nd set of vital signs - BUDOD PRESSURE recorded? Was 2nd set of vital signs - PUPILS recorded? Was 2nd set of vital signs - PUPILS recorded? Was 2nd set of vital signs - PUPILS recorded? Was 2nd set of vital signs - PUPILS recorded? Was 2nd set of vital signs - PUPILS recorded? Was 4nd set of vital signs - PUPILS recorded? Was 4nd set of vital signs - PUPILS recorded? Was 4nd set of vital signs - PUPILS recorded? Was 4nd set of vital signs - PUPILS recorded? Was 4nd set of vital signs - PUPILS recorded? Was 4nd set of vital sig	NO	DONE NO	OT DONE	RECORDING/ DOCUMENTATION
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217				
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