



ST JOHN AMBULANCE

2004 INTERNATIONAL CADET COMPETITION FIRST AID TEAM TEST

Team:

Total Mark

Paper Set by Dep Chief Commissioner: Mr S Waetzel, Rep of South Africa

Time: 7 minutes

CARD:

Your team is waiting for the District Staff Officer (Training), "Trevor Smith" to arrive to give you competition practice in place of your officer, who is on leave. You hear a stifled shout from outside the classroom.

HISTORY:

Trevor, The District Officer in charge of training, missed a step while going up the stairs to the training room and fell heavily.

INJURIES:

1. Unconscious - knocked out, slight swelling on right forehead
2. Open fracture of right tibia, lower 1/3rd with bone only just protruding, slight bleeding.
3. Shock

STAGING:

Casualty is lying on his right side, dressed in a long-sleeved shirt, tie, trousers (able to expose lower leg without cutting), shoes and socks. His head is against the lower step, face hidden.

EQUIPMENT - With the team in the classroom

- 2 Blankets
- 1 set of splints
- 1 pillow
- 1 filled water bottle
- 1 first aid box containing:
 - 4 pairs of gloves
 - 10 triangular bandages
 - 1 roll 25g cotton wool
 - 1 packet of 20 75 x 75 mm gauze squares
 - 1 pkt of assorted elastoplast strips
 - 1 pair of scissors
 - 1 pair of tweezers

Brief case, with the casualty, containing

- 1 note book of tallies to practice
- pen and pencil
- a pocket knife

There are a pile of rags in a corner nearby, clearly visible
The captain has a cellular telephone in his possession

(Tally continued over page)

REMARKS:

FOR OFFICE USE ONLY:	
Final Total A	<input type="text"/>
Final Total B	<input type="text"/>
Final Total C	<input type="text"/>
Add Report	<input type="text"/>
GRAND TOTAL	<input type="text"/>

JUDGES SIGNATURE: _____
JUDGES SIGNATURE: _____

NOTES

1. The team must be placed in the classroom before the scene is set
 2. An ambulance and assistance will arrive 10 minutes after the call is made
 3. A three minute warning is to be given. This is the only time warning permitted.
 4. A penalty must be imposed if a cold compress is used. (The casualty is unconscious).
 5. No patient report forms are available - team expected to use available resources to record a report form.
- Judges to ensure that if a team use the book in the brief case, these pages are removed from the book, marked with the Team's name and attached to their mark sheets.

Team:

Judge A - General Observation

(VG) Very Good = 3; (G) Good = 2; (F) Fair = 1; (P) Poor/not done = 0; (U) Unacceptable -1.
 If a (U) symbol is used, a NOTE as to why should be made in the remarks section on the front

		VG	G	F	P	U
1	Instruct team members to bring available equipment					
2	Move quickly to accident scene					
3	Ensure safety of team's approach					
4	Enquire from casualty what happened <i>No reply</i>					
5	Identify team as first aiders and offer assistance <i>No reply</i>					
6	Check if the casualty is breathing					
7	All team members to put on gloves					
	SHOCK TREATMENT					
8	Place blanket over casualty					
9	Loosen tight clothing					
10	Constantly reassure casualty					
11	When appropriate place blanket under casualty ... and the casualty in Recovery Position					
	TELEPHONE CALLS					
12	To the Emergency Services					
13	To the Officer Commanding the District					
	GENERAL					
14	Team's efficiency					
15	Captain's efficiency					
16	Care of pocket knife					
17	Care of equipment					

Column Totals (17)					
Multiply by	3	2	1	0	-1
Add				0	
FINAL TOTAL A					

REMARKS

JUDGE'S SIGNATURE: _____

SECRETARIAT: _____

Team:

Judge B

(VG) Very Good = 3; (G) Good = 2; (F) Fair = 1; (P) Poor/not done = 0; (U) Unacceptable -1. If a (U) symbol is used, a NOTE as to why should be made in the remarks section on the front page.

		VG	G	F	P	U
	SECONDARY SURVEY					
1	Assess the level of consciousness					
2	Assess the rate, rhythm and depth of breathing					
3	Assess the casualty's pulse					
4	Assess the skin condition and temperature					
	HEAD-TO-TOE EXAMINATION					
5	Examine the head					
6	Examine the neck					
7	Examine both collar-bones at the same time					
8	Examine both upper limbs, one side first, then the					
9	Examine the chest					
10	Examine the abdomen					
11	Examine the pelvis					
12	Examine the legs, ankles and feet					

REMARKS _____

Column Totals (12)

Multiply by	3	2	1	0	-1
Add				0	
FINAL TOTAL B					

JUDGE'S SIGNATURE: _____

SECRETARIAT: _____

Team:

Judge C

(VG) Very Good = 3; (G) Good = 2; (F) Fair = 1; (P) Poor/not done = 0; (U) Unacceptable -1. If a (U) symbol is used, a NOTE as to why should be made in the remarks section on the front page.

		VG	G	F	P	U
1	Note irregularity to right lower leg					
2	Steady and support the limb					
3	Expose the injury					
4	Note the open fracture with slight bleeding					
5	Apply gentle traction					
6	Check circulation below the injury					
7	Suitably dress the wound (tent dressing)					
9	Secure padding in place					
10	Check circulation below the injury					
11	Immobilise the lower leg					
	a) place broad bandages at thighs, knees, above and below injury, ankles					
	b) place rolled up blanket between legs					
	c) bring uninjured leg to injured leg					
	d) tie off bandages, with knots on the padding					
	e) use a figure of 8 bandage at ankle					
12	Check circulation below the injury					
13	Note swelling to the right forehead					
14	PENALTY : Was a cold compress used ?				NO/	YES
15	Keep head and neck supported					
16	Monitor breathing continuously					
	REMARKS	Column Totals (19)				
		Multiply by				
		3	2	1	0	-1
		Add				
					0	
		FINAL TOTAL C				

JUDGE'S SIGNATURE: _____

SECRETARIAT: _____